

Promise Land: My Journey Through America's Self-Help Culture By Jessica Lamb-Shapiro

By Jessica Lamb-Shapiro

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Jessica Lamb-Shapiro's debut Promise Land: My Journey Through America's Self-Help Culture is a multi-faceted gem of a book that sheds light not only on the cultural

Dec 28, 2013 the spirit of Promise Land: My Journey through America's Self-Help Culture, Lamb-Shapiro's for Lamb-Shapiro's mother died before

Jessica discusses Promise Land on NPR's "Fresh Air" with Terry Gross: "A witty and enjoyably self-aware writer . . . Lamb-Shapiro's talent as a storyteller is

Jan 12, 2014 Besides her own sampling of America's self-help buffet, Lamb-Shapiro delves the self-help culture is Promise Land: My Journey Through America's

with author Jessica Lamb-Shapiro on Land: My Journey Through America's Self-Help Culture," a tour Promise Land: My Journey Through America's Self

this review/rating is based on an ARC I got from netgalley. Jessica Lamb-Shapiro is register; tour; sign in; My Journey Through America's Self-Help Culture

Promise Land. My Journey Through America's Self-Help Culture. By Jessica Lamb-Shapiro (Simon & Schuster, Hardcover, 9781439100196, 224pp.) Publication Date: January 7

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A Journey through America s Self-Help Culture Jessica Lamb-Shapiro talks about In Promise Land: My Journey through America s Self-Help Culture

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My Journey Through America's Self-Help Culture, by for today's self-help books," says Lamb-Shapiro, self-help work if we have no idea how a self

Jessica Lamb-Shapiro talks Promise WNYC Home; Listen My Journey through America s Self-Help Culture she looks at the many self-help options out there

Lamb-Shapiro takes on America s Self-Help culture for what is at first Promise Land: My Journey Through America s Self-Help Culture A Memoir. By Jessica

Get this from a library! Promise land : my journey through America's self-help culture. [Jessica Lamb-Shapiro] -- "Raised by a child psychologist who was himself the

self-help, Jessica Lamb-Shapiro writes in the prologue to her new memoir Promise Land: My Journey Through America s Self-Help America s Self-Help

"Jessica Lamb-Shapiro has an unusual the heart of Promise Land: My Journey Through America s Self Lamb-Shapiro s journey through self-help culture

In Promise Land, Jessica Lamb-Shapiro recounts her efforts to conquer one of her multiple phobias by attending a support group Attitude Adjustments Rebecca Tuhus

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Promise Land: My Journey Through America s Self With a wary eye Lamb-Shapiro walks and surveys a library s worth of self-help volumes in a memoir that

Promise Land is a tender, witty, and and wise account of a young woman s journey through her own psyche toward the most Jessica Lamb-Shapiro has published

On January 7, Jessica Lamb-Shapiro ('03) released her first book, Promise Land: My Journey Through America's Self-Help Culture (Simon & Schuster).

So it was with a certain sense of dread that I picked up Jessica Lamb-Shapiro's Promise Land: My Journey Through America's Self-Help Culture (Simon & Schuster). I

We ll talk to Jessica Lamb-Shapiro this hour about the world of self-improvement and her new book, Promise Land: My Journey Through America s Self-Help Culture.